



#LOVEYOURSTORY



University of  
**CUMBRIA**

# YOUR STORY STARTS HERE

**97%**

OF OUR STUDENTS ARE IN  
WORK OR STUDY WITHIN 15  
MONTHS OF GRADUATING.  
[HESA, 2024]

**OPEN DAY PROGRAMME  
AMBLESIDE**



# HELLO!



## LET'S GET YOU CHECKED IN



### Registration 9:30 - 10:15

Once you have arrived on site, our friendly teams will guide you to the event registration area. Checking in is key to making sure you get your welcome bag, event programme and get your day off to a great start.



### A bite to eat and drink

Head to the Barn for a complementary Tea or Coffee when you arrive. The theme on Campus today is Autumn and we have a great lunch ready for you to buy.

Pop along to our Chilli Bar located outside the Barn in the Gazebo (Meat and vegetarian) to warm you through.

Soup and a roll or a sandwich meal deal will be available inside the Barn.

### Wi-Fi Login

Wi-Fi Name: UoC-Conference  
Password: Grasmere





# PLAN YOUR DAY

**10:00 Welcome Talk - Outdoors and Geography**

**10:30 Welcome Talk - Woodland and Conservation**

**11:00**

**11:30**

**12:00 Visit the Chilli Bar outside the Barn, Soup and a roll or a sandwich meal deal will be available inside the Barn.**

**12:30**

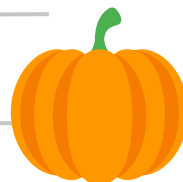
**13:00**

**13:30**

**14:00**

**14:30**

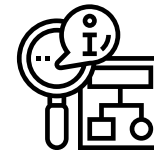
**15:00**



## WELCOME TO CUMBRIA

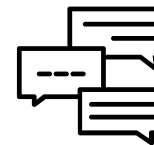
**10:00 Welcome Talk - Outdoors and Geography courses and 10:30 Welcome Talk - Woodland and Conservation courses Langdale Building Lecture Theatre.**

Pop along for an introduction to Cumbria, hear from our Campus Manager Rob, who will tell you what your life will be like here at Ambleside, and discover the support we can offer you at the University of Cumbria.



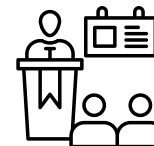
## EXPLORE YOUR COURSE

There are multiple ways to find out about our courses, from spending time in the facilities you will be learning in, to attending course talks and hands-on interactive sessions, to getting one to one advice from our academic teams.



## TAKE A TOUR

Our campus and accommodation tours run throughout the day. Led by expert staff and Student Ambassadors, check out our modern facilities and the place that our students call home.



## SUPPORT TALKS

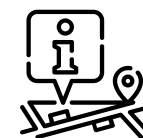
Wondering what applying to Uni involves? Come along to one of our support talks where we will guide you through the process of applying, student finance and much more.



## CHAT TO OUR SUPPORT SERVICES

**12:00 - 15:00 The Beehive.**

Our friendly Support Services teams are on hand throughout the day on a one to one drop-in basis. Each has their own area where you can ask questions with Admissions, Money Advice, Student Life, Disability and Learning Difficulty support.



## CHAT TO AN ACADEMIC

**12:30 - 15:00 the Beehive.**

Are you unsure which course is right for you, take this opportunity to explore what courses we have to offer and talk to our academic members of staff and current students.



# WE'RE HERE FOR YOU



## WELCOME TO CUMBRIA

**10:00 Welcome Talk - Outdoors and Geography courses**

**10:30 Welcome Talk - Woodland, Forestry and Conservation courses**

**Langdale Building Lecture Theatre**

**Duration: 30 minutes**

The best place to start your day is to come along to our welcome introduction where you will find out what is so unique and special about studying at Cumbria.

We are here from the first day your journey begins, offering you support in applying, money matters, accommodation, student life, academic support and guidance, and other specialist requirements.

Our dedicated team are here for you whenever you need us.

# EXPLORE YOUR COURSE

There are multiple ways to find out about our courses, from spending time in the facilities you will be learning in, to attending course talks and hands on interactive sessions, to getting one to one advice.

## UNDERGRADUATE COURSES

### OUTDOORS AND FORESTRY

#### Forestry and Forest Management & Woodland Ecology and Conservation

11:00-  
12:00

Course Talk where you will meet your academic tutor, students and find out everything about your course.

Langdale  
Building Room  
1.01

12:30-  
15:00

One to one drop in. A further opportunity to engage with the course team.

The Beehive

#### Outdoor Adventure and Environmental Studies, Outdoor Education & Outdoor Leadership

10:30 -  
11:30

A great opportunity to get details about all outdoor programmes and opportunities in the future. Looking at extra curricular activities such as UpSkill and National Governing Body Awards. Enjoy a facilities tour and everything available to you off site.

Charlotte  
Mason  
Building  
Franklin and  
Heelis

12:30-  
15:00

One to one drop in. A further opportunity to engage with the course team.

The Beehive



## UNDERGRADUATE COURSES

### SCIENCE AND CONSERVATION

#### Ecology and Wildlife Conservation

11:00 - 12:00	Course Talk where you will meet your academic tutor, students and find out everything about your course.	Langdale Building Lecture Theatre
12:30-15:00	One to one drop in. A further opportunity to engage with the course team.	The Beehive

#### Geography

10:30 - 11:30	Course Talk where you will meet your academic tutor, students and find out more about your course, field trips and the facilities we have waiting for you.	Charlotte Mason Building Leadership Centre
12:30-15:00	One to one drop in. A further opportunity to engage with the course team.	The Beehive



## POSTGRADUATE COURSES

#### MA Outdoor and Experiential Learning

12:30 - 1:30	A great opportunity to really get to know your course and your tutor. Ask all those important questions and get a real feel for life here	Langdale Building 1.01
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#### MA Literature, Romanticism and the English Lake District

12:30 - 1:30	A great opportunity to really get to know your course and your tutor. Ask all those important questions and get a real feel for life here	Charlotte Mason Building 0.05
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# TAKE A TOUR

## CAMPUS TOURS

09:15, 10:00,  
10:30 12:00,  
12:45, 13:30,  
14:15

Tours last  
approx 45  
minutes

Get a feel for where you will be studying and find out what makes our Ambleside campus so unique. Our expert staff and Student Ambassadors will take you on a tour of your campus, showing you our teaching and study spaces, specialist course facilities and much more.

Join your  
tour point  
outside the  
Langdale  
Building

## ACCOMMODATION TOURS

10:00, 10:30,  
12:00, 12:30,  
13:30, 14:00,  
14:30

Tours last  
approx 30  
minutes

Get a feel for where you could be living by exploring our on-site halls of residence. You will get the opportunity to check out the kind of room you could be staying in and explore the shared facilities.

Join your  
tour point  
outside the  
Langdale  
Building





# SUPPORT TALKS



## **APPLICATION ADVICE AND STUDENT FINANCE EXPLAINED**

**14:00 Langdale Building, Lecture Theatre, Map Key 5**

**Duration: 30 minutes**

Everything that you need to know about applying to University through UCAS and accessing student finance.



# COME AND CHAT

**COME AND SEE WHAT'S ON OFFER TO STUDENTS AND AN OPPORTUNITY TO PUT YOUR QUESTIONS TO OUR EXPERT SUPPORT TEAMS**

## **Admissions Team**

Our friendly team can help you with your university application, provide clarity on entry requirements, equivalency qualifications and discuss access and mature entry routes into university.

## **Money Advice**

Receive advice on applying for student finance, NHS bursary's and applying for student loans.

## **Disability and SpLD**

Find out how the University of Cumbria can support you with a range of additional needs, such as medical conditions, visual/hearing/mobility impairments, Autism and mental health.

**Drop in between 12:00-15:00, The Beehive, Map Key 2**





# AMBLESIDE

As the only UK university with a campus in a UNESCO World Heritage Site, our Ambleside campus offers the opportunity to study in one of the UK's most stunning locations: the Lake District National Park. Explore the breathtaking scenery, immerse yourself in the outdoors with hobbies both new and old, and up your social media game with gorgeous shots of fells, picturesque lakes, and all your outdoorsy adventures.



Whether you picture yourself paddleboarding across Lake Windermere, putting your bushcraft skills to the test on a camping trip, or hiking some of the UK's most stunning peaks, you'll truly be living your best student life in Ambleside.

But it's not just about the outdoors. After a day of exploring, you can cosy up in a café with a hot chocolate, enjoy a hearty meal at an inviting restaurant, or grab drinks with course-mates at one of Ambleside's buzzing bars and pubs. And, for a touch of city life, the lively cities of Lancaster, Carlisle, and Preston are all within easy reach.

Join us in Ambleside for a truly unique student experience, where you'll be surrounded by unbeatable natural beauty and endless opportunities for adventure.





# YOUR HOME AT CUMBRIA

Imagine waking up to the smell of coffee brewing and the sound of flatmates chatting. Leave the comfort of your warm, cosy bed and open your curtains to a view of a green campus and old heritage stone walls, the rolling Lake District hills.

For first year students, accommodation is at the heart of the university experience, where lasting friendships are made, memorable experiences are created, and important life skills are formed.

Whichever location you decide, this is your home and your story.

\*Please note all prices are subject to change\*

**AFFORDABLE LIVING**

**EN-SUITE AND SHARED FACILITIES**

**GREAT LOCATIONS CLOSE TO CAMPUS**

**YOUR RIGHT TO A QUALITY HOME**

**THE STUDENT ACCOMMODATION CODE**

**SAFE AND GOOD QUALITY ACCOMMODATION**



## FELL COURT

**LOCATION:** Rydal Road, Ambleside **AVAILABILITY:** 71 bedrooms, split in 7 town houses  
**ROOM TYPE:** En-suite, open plan kitchen dining and lounge **STUDENTS PER FLAT:** 8-10 students  
**PRICE:** £141.00 PW



## FAIRFIELD HALLS

**LOCATION:** Rydal Road, Ambleside **AVAILABILITY:** 40 bedrooms  
**ROOM TYPE:** En-suite, communal kitchen spaces per floor, with social lounge/common room on the ground floor. **STUDENTS PER FLAT:** 10 students **PRICE:** £125.00 PW





## HELVELLYN HALLS

**LOCATION:** Rydal Road, Ambleside **AVAILABILITY:** 20 bedrooms **ROOM TYPE:** Mix of standard and large single, spread across 3 floors **PRICE:** £103 PW standard single, £112 PW large single.



## WANSFELL HALL

**LOCATION:** Rydal Road, Ambleside **AVAILABILITY:** 11 bedrooms **ROOM TYPE:** Mix of standard and large single, communal kitchens and dining areas, also with access to the social lounge based in Fairfield Hall. **PRICE:** £103 PW standard single, £112 PW large single.



## THE COTTAGES

**LOCATION:** Nook Lane, Ambleside **AVAILABILITY:** 45 -bedrooms **ROOM TYPE:** Self-catered standard and large single rooms, with both a front garden and a rear yard. **PRICE:** £103 PW standard single, £112 PW large single.



# UCSU STUDENTS' UNION



Hello! We are the University of Cumbria Students' Union (UCSU), and it's our mission to represent and support you in any way that we can. We're a charity set up by and for students, and we work independently with the university. We'll help you to develop and achieve your dreams, collaborating with our partners to deliver the best possible student experience during your time at the University of Cumbria.

We are headed up by an Executive Committee, which is led by three full-time Student Officers as well as Campus Reps, all of whom are elected by you each year. It is the job of this team to be your voice at the highest levels of the university, helping to bring about any changes that you raise and celebrating the successes of our amazing student body.

## GROUPS & SOCIETIES

We have a wide range of societies that cover everything from midwifery to paddle boarding, criminology to mountain climbing. Such student-led groups are here to help you continue a hobby you already love, discover a new past-time, or just meet like-minded people. If something you want to do doesn't already exist, we will help you set it up.

## EVENTS

Events are offered both through UCSU and our Student Groups and include club nights, festivals, city events, volunteering fairs, workshops, training courses, and more. We aim to provide events and opportunities that everyone across the university community will enjoy.





# STUDENT LIFE

## SPORT AND ACTIVITIES

We want to ensure your wellbeing and mental health are being cared for, which is why we encourage all our students to have a healthy balance of work and play. Physical activity can help boost self-esteem, mood, sleep quality, and energy, so let's take a look at what you can do to keep fit and active during your time at university.

UoC Active offers a variety of facilities and services at our Ambleside, Carlisle, and Lancaster campus locations, with our sport and fitness centres catering for a wide range of activities through UoC Active Play. Our facilities also have air-conditioned fitness suites, with year-round class timetables offering Pilates, bootcamps, yoga, and strength and cardio sessions. Our Lancaster campus also has grass football and floodlit artificial turf pitches.

As well as affordable campus memberships, we offer great deals on premium membership packages, which include access to our partner facilities at Better Leisure and Salt Ayre Leisure Centre. UoC Active is also part of the BUCS UNiversal Scheme, which allows access to fitness facilities at universities all around the country.

## GROUPS & SOCIETIES

Through our Students' Union, we have a range of groups available to our students, including Women's Hockey, Mountaineering, Paddling, Christian Union, South Asian Society, Men's Hockey, and more.

At each of our campus locations, we can also help you find groups and societies which are available to the wider community outside of the university. SU Sports teams also have the opportunity to take part in BUCS leagues.





# NEXT STEPS

## Key dates for September 2025 applications

If you're applying to university for September 2025, here are some important dates for your calendar:

- **03 September 2024** – Completed undergraduate applications can be submitted via the UCAS Hub from Tuesday 03 September.
- **15 October 2024** – The deadline for applications to Oxford, Cambridge and most courses in medicine, dentistry, and veterinary medicine/science.
- **29 January 2025** – The UCAS Equal consideration deadline for most undergraduate courses.

## Writing your personal statement








This is the only part of your UCAS application where you can write in your own style – it's your chance to tell universities and colleges why you'd like to study with them, and what skills and experience you have. It's got to be at least 1,000 characters long, but you have up to 4,000 characters/47 lines.

If you're applying to university via your school or college, they will likely ask you to submit your personal statement to a tutor or teacher for review. If there's an internal deadline for this, make sure you know what this is so you have plenty of time to read their feedback and make any recommended changes.

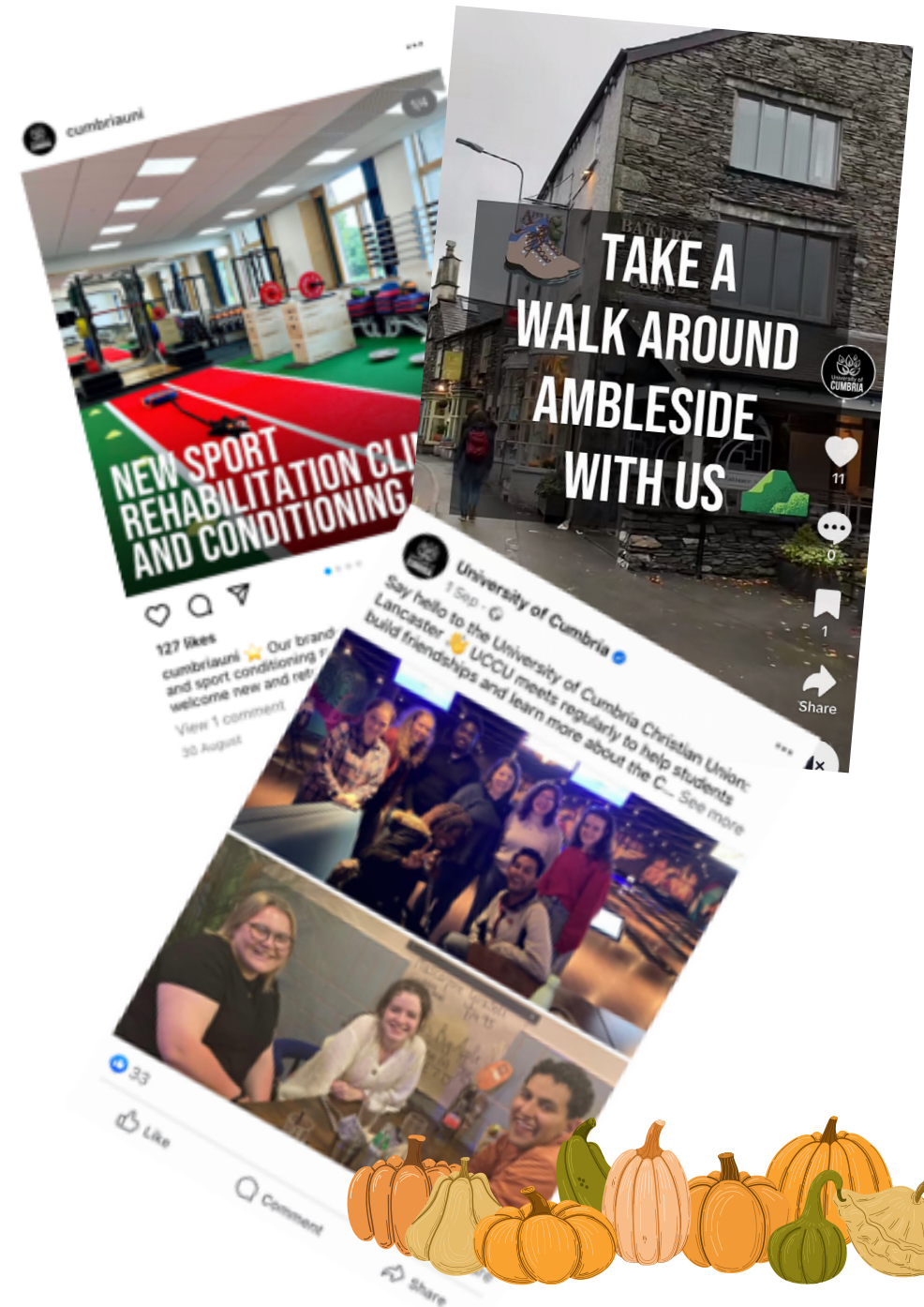


# STAY UP TO DATE WITH ALL THINGS CUMBRIA

## CONTACT US/FOLLOW US

-  TikTok: @cumbriauni
-  Instagram: @cumbriauni
-  X: @cumbriauni
-  Facebook: universityofcumbria
-  LinkedIn: universityofcumbria
-  01228 588588
-  enquirycentre@cumbria.ac.uk

Here you'll find updates about the University as well as lots of information and advice on navigating student life.





# AMBLESIDE CAMPUS

## UNIVERSITY BUILDINGS

- 1 The Barn
- 2 Beehive
- 3 Borrowdale
- 4 Charlotte Mason Building (CMB)
- 5 Langdale (LD)  
inc. Percival Lecture Theatre
- 6 Low Nook
- 7 Millet
- 8 Rigg Cottage
- 9 Scale How
- 10 Stockgyll
- 11 Estates

## STUDENT RESIDENCES

- A Ashfield
- B Beechfield
- C Castle Crag
- D Eagle Crag
- E Fairfield
- F Fellbarrow
- G Greenbank North
- H Greenbank South
- I Hazeldene
- J Heathfield
- K Helvellyn
- L Rosthwaite
- M Seathwaite
- N Stybarrow
- O Wansfell
- P Yewbarrow



**Address**  
 University of Cumbria  
 The Barn, Rydal Road,  
 Ambleside,  
 Cumbria,  
 LA22 9BB

**Telephone**  
 01539 430274

## CAMPUS KEY MAP

- R Main Reception
- ▶ Building Access
- ♿ Accessible Entrance
- P Car Park
- ♿ P Designated Disabled Persons Parking Bay
- 🚲 Bicycle Shed
- 🚬 Designated Smoking Area
- 👶 Loop System
- 👶 Maternity Room
- 🚗 Pay and Display Parking
- 🚗 Designated Care Share
- 🚶 Outdoor Classroom





Let us know how we did and what you thought of your day. Scan the QR code to complete a quick survey. As a thank you for sharing your feedback you will have the opportunity to enter our prize draw for a chance to win an Amazon gift card!



University of  
**CUMBRIA**

**CHAT TO A  
STUDENT**

