



OCCASIONS

AT THE  
UNIVERSITY OF  
CUMBRIA

**CUMBRIA**  
*Social*



University of  
**CUMBRIA**



OCCASIONS

AT THE  
UNIVERSITY OF  
CUMBRIA

HOSPITALITY & EVENTS MENUS  
**FOR EXTERNAL BOOKINGS**

## WELCOME

From extraordinary working lunches to the thrill of sharing food, we have something perfect for every occasion.

We bid you a warm welcome to our hospitality and events brochure. The menus have been designed to provide you with a fresh and varied range to choose from, with prices and packages to support events on a budget, through to menus allowing you to treat your guests to something a little more special. Along with the suggested packages, we can create bespoke menus tailored to your needs, and we'd love the opportunity to speak to you about it.

You'll be warmly welcomed with dedicated service from all of the team and we look forward to working with you to deliver your next event or meeting with us.

SAM MOFFATT  
GROUP MANAGER

For bookings, please contact your local Conference and Events Officer.

**CARLISLE:** [kirsty.mills@cumbria.ac.uk](mailto:kirsty.mills@cumbria.ac.uk).

**LANCASTER:** [pilar.garcia-sanchez@cumbria.ac.uk](mailto:pilar.garcia-sanchez@cumbria.ac.uk).

**AMBLESIDE:** [helen.wright@cumbria.ac.uk](mailto:helen.wright@cumbria.ac.uk).

## CONTENTS

3 / Hot & cold beverages

4 / Breakfast and bakery

5 / Lunch to go

6 / Working lunches

7 / Desserts

8 / Platters

9/ Finger food

10 / Bowl food

11 / Packages





## HOT & COLD BEVERAGES



### HOT BEVERAGES

TEA/COFFEE SELECTION £2.75pp

TEA/COFFEE SELECTION, WITH  
BISCUITS £3.85pp

TEA/COFFEE SELECTION, WITH  
TRAYBAKE. £4.95pp

*Alternative milks (oat, soya,  
almond, coconut) available  
upon request.*

### COLD BEVERAGES

BOTTLED DRINKS (COKE, SPRITE, FANTA) 500ML £2.60

DIET COKE 330ML £1.85

COKE ZERO 330ML £1.85

SPRITE 330ML £1.85

FANTA ORANGE 330ML £1.85

SAN PELLEGRINO ARANCIATA 330ML £1.85

SAN PELLEGRINO LIMONATA 330ML £1.85

LIFE WATER STILL 2L £3.50

LIFE WATER SPARKLING 750ml £1.80

LIFE WATER STILL 750ml £1.80

ORANGE JUICE (MINIMUM 5 PEOPLE) £1.00pp

APPLE JUICE (MINIMUM 5 PEOPLE) £1.00pp

WE ALSO OFFER AN OUT OF HOURS, UNMANNED, HOT DRINKS PACKAGE.  
AVAILABLE EVENINGS AND WEEKENDS. £2.75PP.

Prices shown per person.



## BREAKFAST



### HOT BREAKFAST ITEMS

GRILLED BACON BAP	£4.50	383 Kcals
CUMBERLAND SAUSAGE BAP	£4.50	448 Kcals
VEGAN SAUSAGE SEEDED BAP (VE)	£4.50	375 Kcals

*\*GF BREAD AVAILABLE ON REQUEST*

### MORNING BAKERY

BUTTER CROISSANT WITH JAM (V)	£2.10	224 Kcals
RASPBERRY CROISSANT (VE)	£2.20	296 Kcals
PAIN AU CHOCOLAT (V)	£2.10	406 Kcals
CINNAMON SWIRL (V)	£2.10	417 Kcals
BAKERY BASKET SELECTION	£2.10	Kcals vary

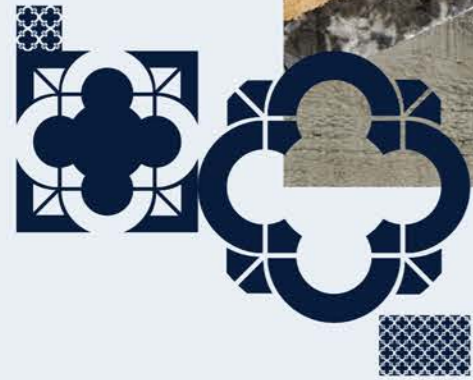
### BREAKFAST SPECIALS

OVERNIGHT OATS AND MANGO COMPOTE (v)	£2.60	219 Kcals
GRANOLA FRUIT AND YOGHURT POT (V)	£2.60	257 Kcals
HAM AND CHEESE CROISSANT	£3.20	384 Kcals
CHEESE AND TOMATO CROISSANT (v)	£3.20	344 Kcals
CUT FRUIT PLATTER (MINIMUM 10) (VE)	£2.45	116 Kcals
PIECE OF FRUIT (VE)	£1.45	60 Kcals

Prices shown per person.



LUNCH  
TO GO



## LUNCH TO GO

SANDWICH

*- MEAT, VEGETARIAN, VEGAN OR NON-GLUTEN CONTAINING  
INGREDIENTS*

BOTTLE OF LIFE WATER

WALKERS CRISPS

PIECE OF FRESH FRUIT

CHOCOLATE BAR

**£9.00pp**

**Kcals vary**





## WORKING LUNCHES

### SANDWICHES

#### SANDWICH PLATTERS

**1 ROUND £7.50 - INCLUDES TYRELLS SALTED CRISPS (98 Kcals), OR VEGETABLE CRISPS.**

MIXED CLASSIC SANDWICH PLATTER. £7.50  
410 Kcals

#### FLATBREAD PLATTER

INCLUDES: £10.75  
263 Kcals  
NAAN BREAD  
TOMATO DIP  
ONION DIP  
CHICKPEA MASALA DIP.

VEGAN, NON-GLUTEN CONTAINING INGREDIENTS (NGCI) AND HALAL OPTIONS AVAILABLE ON REQUEST, PLEASE STATE ANY DIETARY REQUIREMENTS ON BOOKING.

Prices shown per person.

### FINGER FOOD

OUR FINGER FOOD ITEMS MAKE A GREAT ACCOMPANIMENT TO YOUR SANDWICH PLATTERS. WE RECOMMEND 3 ITEMS PER PERSON.

CHERRY TOMATO MOZZARELLA SKEWER	£2.15	190 Kcal
SAMOSA WITH MANGO YOGHURT	£2.15	150 Kcal
SPRING ROLLS AND DIP	£2.15	241 Kcal
MAC AND CHEESE BITES, WITH CHIPOTLE	£2.15	585 Kcal
MAYO DIP		
QUICHE LORRAINE	£2.15	362Kcal
FISHCAKES WITH SWEET CHILLI DIP	£2.15	210Kcal
VEGAN SAUSAGE ROLL (VE)	£2.15	473 Kcal
TANDOORI CHICKEN KEBAB, WITH MASALA	£2.15	290 Kcal
MAYO		



## DESSERTS



CUT FRUIT PLATTER (MINIMUM 10)	£2.45	116 Kcal
FRUIT SALAD POT	£2.45	92 Kcal
PIECE OF FRESH FRUIT	£1.45	60 Kcal
MINI MUFFIN ASSORTMENT	£1.30	332 Kcal
MINI JAM DOUGHNUT	£1.30	147 Kcal
BITESIZE CAKE PLATTER (MINIMUM 6)	£3.00	180 Kcal
PORTUGESE NATA TART	£2.00	168 Kcal
BAKED COOKIE (FROM A SELECTION)	£1.75	250 Kcal

Prices shown per person.

VEGAN, NON-GLUTEN CONTAINING INGREDIENTS (NGCi) AND HALAL OPTIONS AVAILABLE ON REQUEST.





## PLATTERS



### **PLOUGHMAN'S** 877 kCals **PLATTER**

CHICKEN LIVER PATE  
BABY GEM LETTUCE  
HOME BAKED HAM  
PICKLED ONION  
MATURE CHEDDAR CHEESE  
SELECTION OF CHUTNEYS AND SWEET PICKLES  
CRUSTY BREAD  
SELECTION OF BRITISH CHEESES  
HERB INFUSED WHIPPED BUTTER.

### **INDIAN FEAST** 550 kCals **PLATTER**

ONION BHAJIS  
VEGETABLE PAKORAS  
VEGETABLE SAMOSAS  
TANDOORI CHICKEN SKEWERS  
NAAN BREADS  
KACHUMBER SALAD  
RAITA  
MANGO CHUTNEY  
KASHMIRI PICKLED CARROTS.

VEGAN, NON-GLUTEN CONTAINING INGREDIENTS  
(NGCi) AND HALAL OPTIONS AVAILABLE ON  
REQUEST.

**£12 per person.** Minimum order for 10 people.





## FINGER FOOD



### MEAT

CHICKEN LIVER PARFAIT,	305 Kcal
CHORIZO AND SUNBLUSH TOMATO TAPENADE	115 Kcal
TERIYAKI DUCK AND SESAME SEED ASIAN SALAD	27 Kcal

### FISH

SMOKED SALMON AND DILL CREAM CHEESE BITE	90 Kcal
MARINATED PRAWNS WITH SAKE	106 Kcal
MACKEREL PATE, WITH HORSERADISH CREAM	53 Kcal

### VEGETARIAN

RATATOUILLE TARTS	65 Kcal
MINI QUICHE	85 Kcal
OLIVE PARMIER WITH BOCONCINI	242 Kcal
PIMENTO AND PESTO, ON A TOASTED CROSTINI	66 Kcal
SESAME AND HONEY HALLOUMI CROQUETTE	176 Kcal

### SWEET

MINI MACARONS	159 Kcal
CHOCOLATE TRUFFLES	250 Kcal
FRUIT SKEWERS	64 Kcal

**Finger food package: £15 per person, 4 items per person.** Additional items £3.75 per portion.

Minimum order for 40 people.



## BOWL FOOD



### £12.50 FOR TWO BOWLS, £7.00 PER EXTRA BOWL

GRILLED PRAWNS, MANGO, TOMATO, ROCKET AND SWEET CHILLI	88 Kcal
'WALDORF': GOATS CHEESE, APPLE, GRAPES, WALNUTS AND CELERY (V)	440 Kcal
CHIMICHURRI CHICKEN, BABY LEAVES AND SUNBLUSH TOMATO	
APRICOT HARISSA CAULIFLOWER, ALMONDS AND TAHINI (VE)	262 Kcal
BHAJI CHAANA CHAT (V)	276 Kcal
SMOKED SALMON TARTARE	503 Kcal
CORONATION CHICKEN, HERITAGE CARROTS, LEAVES, CURRY OIL	168 Kcal
	413 Kcal

### ADD A SWEET TREAT FOR AN EXTRA £4.95pp

FRUIT SALAD POT	92 Kcal
'SALTED COCONUT PANNACOTTA, MANGO AND TORCHED PINEAPPLE	572 Kcal
BISCOFF CHEESECAKE	637 Kcal
STICKY TOFFEE PUDDING, WITH TOFFEE SAUCE AND CUSTARD	458 Kcal

Our Bowl Food menus are bespoke, and designed to be delivered through our servery. We recommend that you order 2-3 bowls per person. Minimum order for 60 people.





# PACKAGES

## **BRONZE PACKAGE**

TEA/COFFEE: 2 SERVINGS PP

BREAKFAST: MORNING PASTRIES

LUNCH: SANDWICH PLATTERS

MID AFTERNOON: BISCUIT SELECTION

STILL WATER

**£18.00pp**

## **SILVER PACKAGE**

TEA/COFFEE: 3 SERVINGS PP

BREAKFAST: MORNING PASTRIES

MID MORNING: BISCUIT SELECTION

LUNCH: SANDWICH PLATTER AND 2 SIDES

MID AFTERNOON: MINI MUFFIN SELECTION

STILL WATER

**£25.00pp**

## **GOLD PACKAGE**

TEA/COFFEE: 4 SERVINGS PP

BREAKFAST: MORNING PASTRIES

MID MORNING: BAKED COOKIES

LUNCH: SANDWICH PLATTER AND 3 SIDES

MID AFTERNOON: PORTUGUESE NATA TARTS

STILL WATER AND FRUIT JUICE

**£35.00pp**





## BOOKING TERMS AND CONDITIONS

For bookings, please contact your local Conference and Events Officer.

**CARLISLE:** [kirsty.mills@cumbria.ac.uk](mailto:kirsty.mills@cumbria.ac.uk).

**LANCASTER:** [pilar.garcia-sanchez@cumbria.ac.uk](mailto:pilar.garcia-sanchez@cumbria.ac.uk).

**AMBLESIDE:** [helen.wright@cumbria.ac.uk](mailto:helen.wright@cumbria.ac.uk).

The layout of certain buildings may, for health and safety reasons, restrict the service we can offer, and it may be necessary for a 'disposable' service to be used. Likewise, building and maintenance works throughout the University may cause disruptions to our ability to deliver hospitality at certain times. We will advise at the time of booking.

All food is for immediate consumption.



## BOOKING TERMS AND CONDITIONS

Cancellations made within the booking notice period may be charged. Cancellations made on the day will be charged in full.

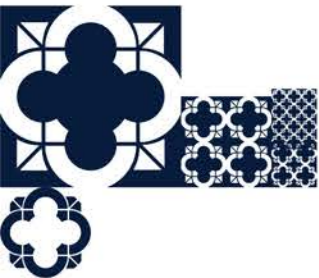
There is a minimum booking notice period of 2 weeks for all external bookings. Bookings made outside of these notice periods will be subject to an out of notice period surcharge.

The hospitality equipment delivered must stay in the room, and missing pieces of equipment will be charged for.

All tariffs are inclusive of VAT at the current rate.

Request	Minimum Booking Notice Period Needed
Tea, coffee & cold drinks	2 weeks.
Breakfast, lunches & buffets	2 weeks
Events & bespoke lunches/dinners	Dependent on requirements





## ALLERGENS

**Having an allergy can make enjoying food difficult and having the information to hand on which allergens are contained within our food can help.**

If you have an allergy, we can provide you with allergen information on our recipes upon request.

It is the responsibility of the booker to inform us of any allergies or dietary requirements, to make sure the food we provide is suitable for your party.

Whilst every care has been taken to ensure that cross-contact is minimal within our kitchens, we do handle gluten containing ingredients and cannot guarantee that our food is 100% gluten free.



# OCCASIONS

AT THE  
UNIVERSITY OF  
CUMBRIA

