



#LOVEYOURSTORY



University of  
**CUMBRIA**

# YOUR STORY STARTS HERE

**97%**

OF OUR STUDENTS ARE IN  
WORK OR STUDY WITHIN 15  
MONTHS OF GRADUATING.  
[HESA, 2024]

**OPEN DAY PROGRAMME  
LANCASTER**

# HELLO!

## LET'S GET YOU CHECKED IN



### Registration 10:00 - 10:30

Once you have arrived on site, our friendly teams will guide you to the event registration area. Checking in is key to making sure you get your welcome bag and event programme.



### A bite to eat and drink

Need a place to stop and refuel? Maybe grab some breakfast, a spot of lunch or just a drink? Head to Café Martineau (Map Key 5) where you will find an array of drinks, snacks and meals.

### Wi-Fi Login

Wi-Fi Name: UoC-Conference  
Password: Keswick



# WHAT'S ON TODAY?



## WELCOME TO CUMBRIA

Pop along to an introduction to Cumbria to find out about the Lancaster campus and what makes our university so unique and special.



## EXPLORE YOUR COURSE

There are multiple ways to find out about our courses, from spending time in the facilities you will be learning in, to attending course talks, taking part in hands-on interactive sessions and getting one to one advice. Check out the course listing for times and locations.



## TAKE A TOUR

Our campus and accommodation tours run throughout the day. Led by expert staff and Student Ambassadors, check out our modern facilities and discover the place that our students call home.



## SUPPORT TALKS

Wondering what applying to uni involves? Come along to one of our support talks, where we will guide you through the process of applying to university, sorting your student finance and much more.



## COME AND CHAT

Our friendly Support Services teams are on hand throughout the day on a one to one drop-in basis. Each has their own area where you can ask questions: Admissions, Money Advice, Student Life, and Disability and Learning Difficulty support.

# PLAN YOUR DAY

---

10:00

---

10:30

---

11:00

---

11:30

---

12:00

---

12:30

---

13:00

---

13:30

---

14:00

---

14:30

---

15:00

---

# WE'RE HERE FOR YOU

## WELCOME TO CUMBRIA

**10:30 Sentamu Building Lecture Theatre, Map Key 38**  
**Duration: 30 minutes**

The best way to start your day is by coming along to our welcome introduction, where you will find out what is so unique and special about studying at Cumbria.

We are here from the first day that your journey begins, offering you support with making an application, managing your money, finding accommodation, navigating student life, seeking academic support and guidance, and other specialist requirements.

Our dedicated teams are here for you whenever you need them.

# EXPLORE YOUR COURSE

There are multiple ways to find out about our courses, from spending time in the facilities you will be learning in, to attending course talks, taking part in hands-on interactive sessions and getting one to one advice.

## BUSINESS

**Business Management, Business Management with Integrated Foundation Year & International Business Management**

Are you ready to dive into the dynamic world of business problem-solving? We're excited to invite you to the Open Day for Business at the University of Cumbria

11:00 -  
12:00

On this day, you will be immersed in real-life scenarios that will challenge your problem-solving skills and expand your understanding of the complexities of modern business.

Get ready to roll up your sleeves and dive into a series of captivating case studies, meticulously crafted to mirror the challenges faced by today's businesses. From marketing dilemmas to supply chain disruptions, you'll tackle it all alongside fellow future business leaders.

12:30 -  
15:00

One to one drop in. A further opportunity to engage with the course team.

## COMPUTER SCIENCE

### Computer Science

11:00 - 12:00	<p>Are you ready to kickstart a dynamic career in the rapidly evolving tech industry? Our BSc (Hons) Computer Science degree, created in collaboration with BAE Systems, is designed to equip you with both the technical and professional skills needed to thrive in today's job market.</p> <p>Throughout this program, you will dive into exciting areas like software development, cybersecurity, and artificial intelligence (AI), all while fostering your creativity through innovation, hands-on experimentation and real-world examples."</p>
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

## EDUCATION

### PGCE Primary & Secondary

11:00 - 12:00	Discover more about our Primary and Secondary PGCE courses and the various routes to gaining your teaching qualification at the University of Cumbria.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

## EDUCATION

### Primary and Early Years Education with QTS (3-11) & Primary Education: Inclusion with SEND with QTS (5-11)

11:00 - 12:00	Learn about the ambitious, high quality curriculum you will study and find out how this will be structured. Placements are at the core of your training and you will be shown how these link to your work in university. Current students will be on-hand to share their experiences and answer questions about all aspects of studying and other opportunities that are available at the University of Cumbria.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

## HEALTH

### Diagnostic Radiography

11:00 - 12:00	Are you interested in a career where you will use state of the art medical imaging technologies like CT & MRI scanners? A career in Radiography enables you to use your knowledge of human anatomy/diseases processes to effectively diagnose pathology whilst caring for patients in a modern healthcare setting. The course talk is your opportunity to find out about the many opportunities the profession now offers e.g., how to become a Consultant Radiographer, engage in Advanced Clinical Practice, undertake research, or progress into senior healthcare management positions. You will also be able to view our state-of-the-art X-ray and ultrasound skills labs during the visit and get some hands-on experience with the equipment.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

**Midwifery**

11:00 - 12:00	We will offer insight into the course and placements, providing an overview of what life as a student midwife is like. The open day will also give you the opportunity to learn some of the skills you will require as a midwife. You will have an opportunity to look around our clinical facilities and talk to tutors and current students.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

**Nursing (Adult, Children's, Mental Health, and Learning Disability)**

11:00 - 12:00	Explore the different Fields of Nursing Practice and the role of the nurse. An introductory talk will give you an insight into the programme, what life is like as a student nurse, career opportunities and routes onto possible further study. You will also view our first-class simulation facilities, which allow you to experience challenging cases and build your confidence in a safe environment.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

**Occupational Therapy**

11:00-12:00	Occupational Therapy (OT) is an exciting and hugely varied profession where you can make a difference. Come and learn about the outstanding learning experiences our students gain on our OT courses. Get involved in some dynamic OT practicals using innovative equipment which aids people who live with physical conditions. You'll have the chance to take part in creative OT activities used with people living with mental health conditions, learn OT skills to use with children to overcome various challenges, visit the amazing simulation suite to experience OT learning with a difference, and much more! Spend time with our friendly lecturers to find out more about our exciting and practically focused course; for example, our small cohort size, excellent tutor support and placement opportunities!
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

**Paramedic Science**

11:00 - 12:00	Introduction to Paramedic Science in the Centre of Excellence in Paramedic Practice.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

**Health & Social Care**

11:00 - 12:00	Discover how our course explores real-world social inequalities and health determinants of contemporary practice to prepare you for working across a multi-disciplinary and diverse sector. Not sure which specialty suits you best? No problem! Our programme introduces you to a wide range of areas, helping you discover your passion and expertise by the time you graduate.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

## LAW

### LLB Law

11:00 - 12:00	Join us for an introduction to Law and take part in an interactive session which aims to tackle some of the most interesting legal issues of the day.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.



## SPORT

### Sport Coaching and Physical Education

11:00 - 12:00	Join us for an introduction to sport degrees and exit routes into a wide range of sport careers. Developing Young People in Sport: What do we need to know? How can performance profiling help our athletes?
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

### Sport Conditioning and Performance Analysis

11:00 - 12:00	Discover the dynamic world of sports conditioning and performance analysis at our upcoming Open Day. Take a peek into our innovative degree programme that will equip you with the skills and knowledge to take on the challenges of this ever-evolving sports industry.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

### Sports Rehabilitation

11:00 - 12:00	Gain an introduction to sport degrees and exit routes into a wide range of sport careers. Get hands-on like a Sport Rehabilitator to test out your hamstrings for injury risk, before looking at injury prevention and rehabilitation strategies.
12:30 - 15:00	One to one drop in. A further opportunity to engage with the course team.

# TAKE A TOUR

## CAMPUS TOURS

09:45, 11:30,  
12:15, 13:00,  
13:45, 14:30  
Tours last  
approx 45  
minutes

Get a feel for where you will be studying and find out what makes our Lancaster campus so unique. Our expert staff and Student Ambassadors will take you on a tour of your campus, showing you our teaching and study spaces, specialist course facilities and much more.

Join your tour point outside the Alexandra Building Gallery (Map Key 1)

## ACCOMMODATION TOURS

11:45, 12:15,  
12:45, 13:15,  
13:45, 14:15  
Tours last  
approx 30  
minutes

Get a feel for where you could be living by exploring our on-site halls of residence, Waddell Halls. You will get the opportunity to check out the kind of room you could be staying in and explore the shared facilities.

Join your tour point outside the Alexandra Building Gallery (Map Key 1)





# SUPPORT TALKS

## **HEALTH COURSES - APPLICATION AND INTERVIEW SUPPORT**

**13:00 or 14:00 Sentamu Building, Room 214, Map Key 38**

Get top tips & expert advice on how to ace your health course application and interview.

## **APPLICATION ADVICE AND STUDENT FINANCE EXPLAINED**

**13:30 or 14:30 Sentamu Building, Room 213, Map Key 38**

Discover everything you need to know about applying to university through UCAS. Get top tips on preparing your personal statement and general advice. We will also take you through the Student Finance process.

# COME AND CHAT

Drop in between: 12:00-15:00, Alexandra Gallery, Map Key 1

Come and see what's on offer to students and put your questions to our expert support teams.

## Admissions Team

Our friendly team can help you with your university application, provide clarity on entry requirements and equivalency qualifications, and discuss access and mature entry routes into university.

## Money Advice

Receive advice on applying for student finance, NHS bursaries and student loans.

## Disability and SpLD

Find out how the University of Cumbria can support you with a range of additional needs, such as medical conditions, visual/hearing/mobility impairments, autism and mental health.

## Student Experience

Chat to our current students about their experiences and all the things they love about living in Lancaster. Discover the clubs and societies on offer and what life is like on campus.

## UoC Active

Find out about student memberships, available classes and off-site fitness facilities.



# HEALTH SIMULATION DROP-IN

**Alexandra Building, Room 002, Map Key 1**

Fully immerse yourself in a variety of health environments and scenarios. Our brand new interactive Immersive Rooms combine innovative technology, augmented reality, interactive 3D graphics and audio content to form a creative multi-sensory learning space.

Running on the very latest cutting-edge technology, the Immersive Rooms allow for visual, auditory and sensory immersion, as well as letting students interact with the environments and objects projected onto the walls by simply walking up and touching them.

The space allows student cohorts across the Institute of Health to engage in fully immersive simulations that can take them anywhere – from the home of a 70-year-old dementia patient to the site of a motorway accident – within seconds.

All our scenarios are created in-house and are tailored exactly to the relevant health profession and learning outcomes of each session.



# LANCASTER

Lancaster is the ultimate university city, with everything you could ever need right on your doorstep. Take in the rich history at Lancaster Castle, immerse yourself in the local arts scene at the Grand Theatre, or wander the cobbled streets and discover quirky shops and quaint cafés at every turn.

Bustling markets bring a whole new level of excitement to town, with the city centre filling with delicious smells and the sounds of sizzling pans from the street food stalls. After you've sampled a new cuisine, head along the canal or venture to Williamson Park for a picturesque walk.

As the sun sets, join the buzzing student nightlife scene that's made up of numerous clubs, bars, and music venues.

For a break from the bustle of city life, the coastal resort of Morecambe Bay is just a short bus ride away. The stunning Lake District National Park is within easy reach too, so whether you want to get in touch with your adventurous side or immerse yourself in nature, there's no shortage of new things to try or scenery to enjoy (and snap for sharing on your socials!).

With the perfect balance of city buzz and natural beauty, Lancaster has everything you need to make your university days unforgettable.



SCAN ME

# YOUR HOME AT CUMBRIA

Imagine waking up to the smell of coffee brewing and the sound of flatmates chatting. Leave the comfort of your warm, cosy bed and open your curtains to a view of a green campus and old heritage stone walls, or the stunning London city skyline, or maybe the rolling Lake District hills.

For first year students, accommodation is at the heart of the university experience, where lasting friendships are made, memorable experiences are created, and important life skills are formed.

Whichever location you decide, this is your home and your story.



**AFFORDABLE LIVING**

**EN-SUITE AND SHARED FACILITIES**

**GREAT LOCATIONS CLOSE TO CAMPUS**

**YOUR RIGHT TO A QUALITY HOME**

**THE STUDENT ACCOMMODATION CODE**

**SAFE AND GOOD QUALITY ACCOMMODATION**



## WADDELL HALLS

**LOCATION:** Lancaster **AVAILABILITY:** 241 rooms **ROOM TYPE:** Mix of en-suite and standard single, with communal kitchen lounges. **STUDENTS PER FLAT:** Between 6-7 students, in blocks of 6. **PRICE:** Standard single £103.00 PW, en-suite £134.00 PW.

# UCSU STUDENTS' UNION



Hello! We are the University of Cumbria Students' Union (UCSU), and it's our mission to represent and support you in any way that we can. We're a charity set up by and for students, and we work independently with the university. We'll help you to develop and achieve your dreams, collaborating with our partners to deliver the best possible student experience during your time at the University of Cumbria.

We are headed up by an Executive Committee, which is led by three full-time Student Officers as well as Campus Reps, all of whom are elected by you each year. It is the job of this team to be your voice at the highest levels of the university, helping to bring about any changes that you raise and celebrating the successes of our amazing student body.

## GROUPS & SOCIETIES

We have a wide range of societies that cover everything from midwifery to paddle boarding, criminology to mountain climbing. Such student-led groups are here to help you continue a hobby you already love, discover a new past-time, or just meet like-minded people. If something you want to do doesn't already exist, we will help you set it up.

## EVENTS

Events are offered both through UCSU and our Student Groups and include club nights, festivals, city events, volunteering fairs, workshops, training courses, and more. We aim to provide events and opportunities that everyone across the university community will enjoy.



Nursing Society



Bushcraft Society



Paramedic Society



Women's Hockey



Paddling Society



Slackline Society

# STUDENT LIFE

## SPORT AND ACTIVITIES

We want to ensure your wellbeing and mental health are being cared for, which is why we encourage all our students to have a healthy balance of work and play. Physical activity can help boost self-esteem, mood, sleep quality, and energy, so let's take a look at what you can do to keep fit and active during your time at university.

UoC Active offers a variety of facilities and services at our Ambleside, Carlisle, and Lancaster campus locations, with our sport and fitness centres catering for a wide range of activities through UoC Active Play. Our facilities also have air-conditioned fitness suites, with year-round class timetables offering Pilates, bootcamps, yoga, and strength and cardio sessions. Our Lancaster campus also has grass football and floodlit artificial turf pitches.

As well as affordable campus memberships, we offer great deals on premium membership packages, which include access to our partner facilities at Better Leisure and Salt Ayre Leisure Centre. UoC Active is also part of the BUCS UNiversal Scheme, which allows access to fitness facilities at universities all around the country.

## GROUPS & SOCIETIES








Through our Students' Union, we have a range of groups available to our students, including Women's Hockey, Mountaineering, Paddling, Christian Union, South Asian Society, Men's Hockey, and more.

At each of our campus locations, we can also help you find groups and societies which are available to the wider community outside of the university. SU Sports teams also have the opportunity to take part in BUCS leagues.



# STAY UP TO DATE WITH ALL THINGS CUMBRIA

## CONTACT US/FOLLOW US

-  TikTok: @cumbriauni
-  Instagram: @cumbriauni
-  X: @cumbriauni
-  Facebook: universityofcumbria
-  LinkedIn: universityofcumbria
-  01228 588588
-  enquirycentre@cumbria.ac.uk

Here you'll find updates about the university as well as lots of information and advice on navigating student life.





# NEXT STEPS

## Key dates for September 2025 applications

If you're applying to university for September 2025, here are some important dates for your calendar:

- **03 September 2024** – Completed undergraduate applications can be submitted via the UCAS Hub from Tuesday 03 September.
- **15 October 2024** – The deadline for applications to Oxford, Cambridge and most courses in medicine, dentistry, and veterinary medicine/science.
- **29 January 2025** – The UCAS Equal consideration deadline for most undergraduate courses.

## Writing your personal statement

This is the only part of your UCAS application where you can write in your own style – it's your chance to tell universities and colleges why you'd like to study with them, and what skills and experience you have. It's got to be at least 1,000 characters long, but you have up to 4,000 characters/47 lines.

If you're applying to university via your school or college, they will likely ask you to submit your personal statement to a tutor or teacher for review. If there's an internal deadline for this, make sure you know what this is so you have plenty of time to read their feedback and make any recommended changes.

# LANCASTER CAMPUS

## Address

University of Cumbria,  
Bowerham Road,  
Lancaster,  
LA1 3JD

## Telephone

01254 590 800



## CAMPUS KEY MAP

- R Main Reception
- ▶ Building Access
- ♿ Accessible Entrance
- P Car Park
- ♿P Designated Disabled Persons Parking Bay
- 🚲 Bicycle Shed
- 🚬 Designated Smoking Area
- 🚰 Loop System
- 👶 Maternity Room
- Pay and Display Parking
- Designated Car Share
- Outdoor Classroom

## UNIVERSITY BUILDINGS

- |   |  |
|---|--|
| 1 Alexandra Building (AXB)<br>Video Conferencing Facilities | 18 Business Exchange (BE)                  |
| 4 Bishop Cross Building (BCB)                               | 19 Ingelton House                          |
| 5 Café Martineau  | 20 Kay Shuttleworth Lecture Theatre (KSLT) |
| 6 Chapel  | 21 Library - Harold Bridges                |
| 7 College Main<br>Video Conferencing Facilities             | 26 Askwith Building (AB)                   |
| 8 College North (N)   | 28 Print Unit                              |
| 9 College South (S)   | 32 Sport Complex (LSP)                     |
| 10 Dalton Building (DB)                                     | 34 The Keep (K)                            |
| 11 Donald Coggan Building (DC)                              | 35 Waddell Halls                           |
| 13 Fieldhead (F)  | 37 Pre-School Centre                       |
| 14 Gateway Building   | 38 Sentamu Building                        |
| 17 Hugh Pollard Lecture Theatre (HPLT)                      |  |



Let us know how we did and what you thought of your day. Scan the QR code to complete a quick survey. As a thank you for sharing your feedback, you will have the opportunity to enter our prize draw for a chance to win an Amazon gift card!



University of  
**CUMBRIA**

**CHAT TO A  
STUDENT**

