




University of
CUMBRIA

FINDING PART-TIME WORK

Contact the Careers Team on
your career hub:
mycareerenriched.cumbria.ac.uk

 @UoCCareers

 cumbria.ac.uk/careers



 SCAN ME



Part-time work is a fantastic way of increasing your skills and experience in the workplace, adding cash to your bank balance, meeting new people in the local area and even creating useful contacts for your career after university.

OPPORTUNITIES ON CAMPUS

Student ambassadors help the university with marketing activities and outreach work. For more information, please contact:

studentambassadors@cumbria.ac.uk

Other jobs working for the University of Cumbria are advertised on the university's website:

cumbria.ac.uk/jobs



WHERE TO LOOK

Connect with Us

Part-time vacancies are regularly published on our Twitter (@UoCCareers) and careers hub 'My Career Enriched'

Careers Fairs

We hold jobs fairs and employer presentations. Check the My Career Enriched events calendar and keep an eye out for adverts on Twitter @UoCCareers.

Get Out and About

Many employers such as bars, café's and restaurants, gyms and shops often advertise on their own premises or websites.

Your Networks

Many part-time jobs are never advertised! Let friends, flat mates and staff on your course know that you are looking for work.

Careers Noticeboards on Campus

Check campus noticeboards for part-time, seasonal and graduate jobs.

My Career Enriched

Local and national vacancies and placements are advertised on My Career Enriched, your career hub:

mycareerenriched.cumbria.ac.uk

Your Course Staff

Lecturers share opportunities via student email, Blackboard and course noticeboards.

International Students

If you require a visa to study in the UK, and would like to work, please check your visa for employment information and any restrictions. For advice go to: [www.ukcisa.org.uk/Information--](http://www.ukcisa.org.uk/Information--Advice/Working/Student-work)

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Job Sites

Check out job sites such as gov.uk/find-a-job and Indeed (indeed.co.uk) for vacancies.

Employment Agencies

They are listed in the Yellow Pages: yell.com Search agency plus your location. They can offer part-time and temporary work.

Freelance/Self Employment

Think about your current skills, could any be developed into a saleable product or service? For more information, check out the link below my.cumbria.ac.uk/student-life/careers/student-enterprise

Student Research Internships

Paid internships are available at national minimum wage rate up to 140 hours. Flexible hours and work location that can fit around studies. Valuable work experience with Cumbrian companies, which can develop transferable skills and enhance employability. For current opportunities go to: jobs.cumbria.ac.uk.

Christmas Vacancies

These vacancies are often advertised in September/October. Employers may need you to work over Christmas and New Year. Many vacancies are advertised at business premises.

Volunteering

Volunteering is unpaid, but you may be able to claim expenses. It's a chance to develop your skills and add to your CV! Check out:

my.cumbria.ac.uk/Student-Life/careers/Finding-jobs-and-getting-experience/

The National Minimum Wage

To find up to date rates for the National Living Wage (for those aged 23 and over) and the National Minimum Wage, please go to: <https://www.gov.uk/national-minimum-wage-rates>. The rates change on 1st April every year.

REMEMBER!

Although there are many positives of working whilst studying, be aware that working long hours could affect your course work. We recommend that you don't commit to more than 15 hours part-time work a week during term-time.

If you are experiencing financial difficulties or finding it difficult to manage working and studying, contact UoC Student Support:
cumbria.ac.uk/studentsupport



**Follow us for news,
events and jobs:**



@uoccareers



cumbria.ac.uk/careers

mycareerenriched.cumbria.ac.uk

Contact the Careers and Employability Service to find out more about local employers and the jobs market, writing CV's and application forms, going for interviews or going freelance/self employed.

Access our range of careers information and resources at My Cumbria: my.cumbria.ac.uk

Contact the Careers Team by sending a query via My Career Enriched, your career hub:

mycareerenriched.cumbria.ac.uk

Acknowledgements: AGCAS, TargetJobs, Prospects

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